



Cardinal Newman Catholic School Parent Consultation Letter

Dear Parents and Carers

Relationships, Sex and Health Education Policy (RSHE)

In the academic year 2020/21, the Department for Education expects all schools to implement a new statutory Relationships, Sex, and Health Education curriculum. In order to prepare for this we have been working with the Birmingham Diocese and sought guidance from the Catholic Education Service.

As a Catholic school, our mission is to support the spiritual, moral, social and cultural development of all of our pupils, rooted in the wisdom and teaching of the Church. The statutory curriculum focuses on healthy relationships and keeping children safe in the modern world. It also covers a wide range of topics relating to physical and mental health, wellbeing, safeguarding and healthy relationships. Learning about the emotional, social and physical aspects of growing up, will give young people the information, skills and positive values to have safe, fulfilling relationships and will help them take responsibility for their own wellbeing.

RSHE is delivered in a variety of ways including through, tutor time, science lessons, religious studies, citizenship, assemblies and tutor time. It is monitored closely and reviewed regularly. Due to the nature of the content of the new statutory curriculum we have decided to implement most of the Relationship and Sex Education (RSE) programme into our religious studies lessons. We will ensure that these lessons take place in a safe learning environment and are underpinned by our school ethos and values which wholly align with those of the Catholic church.

The resources we will use to deliver RSE in religious studies lessons will be provided by **Ten:Ten**, a Catholic education organisation. **Ten:Ten** is an award-winning Catholic educational organisation that is well-respected and very experienced in this field of work and is fully endorsed and promoted by the Catholic Education Service and the Birmingham Diocese.

Their programme of study incorporates videos and PowerPoint slides specifically created to promote discussion and inform students about RSE issues. Every resource is rooted in scripture and informs students firstly, of the Catholic church's teaching whilst also sharing other world views as per the statutory framework.

Ten Ten have entered into a partnership with the Catholic Education Service and the Department for Education to provide training for teachers in Catholic schools on the



subject of the new statutory curriculum. Therefore, we are confident that this programme is a very good fit for our school.

Parents and carers continue to have ***the right to withdraw*** their children from Sex Education up to three terms before their child's 16th birthday except in those elements which are required by the National Curriculum science orders. Should parents or carers wish to withdraw their children they are asked to notify the school by contacting the Headteacher at admin@cncs.school. We would encourage anyone considering withdrawing their child to informally discuss their concerns with the school first.

As a Catholic school we provide the principal means by which the Church assists parents and carers in educating their children and are committed to working in partnership with parents and carers. We would therefore like to formally consult with you and have your feedback on our approach. We have opened a consultation period from **5 March to the 22 March** during which we welcome your feedback.

To take part in the consultation please access the parent consultation survey here:

<https://tinyurl.com/1fy9l08c>

You can view the resources by clicking on the following links:

User name	opp-newman-6
Password	rse-parent-brown
Parent Portal	https://www.tentenresources.co.uk/parent-portal/
Parent Consultation Tool	https://www.tentenresources.co.uk/courses/parent-consultation-tool-secondary/

Please complete your feedback by **22 March 2021** using the link above. If you have any questions about this consultation please contact: samantha.caherty@cncs.school

After the consultation period we will collate the views of all our stakeholders before finalising our policy.

Yours faithfully

Ms E O'Connor
Headteacher



Appendix 1

The RSHE Programme

The programme adopts a spiral curriculum approach so that as your child goes through the programme year-after year, the learning will develop and grow, with each stage building on the last.

Module One: Created and Loved by God

Module One: Created and Loved by God explores the individual. Rooted in the teaching that we are made in the image and likeness of God, it helps children to develop an understanding of the importance of valuing themselves as the basis for personal relationships. In these sessions, we explore:

Module Two: Created to Love Others

Module Two: Created to Love Others explores the individual's relationship with others. Building on the understanding that we have been created out of love and for love, this unit explores how we take this calling into our family, friendships and relationships, and teaches strategies for developing healthy relationships and keeping safe.

This religious understanding is then applied to real-world situations relevant to the age and stage of the children:

Module Three: Created to Live in Community

Finally, Module Three: Created to Live in Community explores the individual's relationship with the wider world. Here we explore how human beings are relational by nature and are called to love others in the wider community through service, through dialogue and through working for the Common Good.

In the first Unit, Religious Understanding, the story sessions help children to develop a concept of the Trinity.

In subsequent sessions, we apply this religious understanding to real-world situations, such as the community we live in, and through exploring the work of charities which work for the Common Good.



ONE-PAGE OVERVIEW

Ten:Ten
Resources

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	RE, PSHE or Tutor Time							Whole Year
Sessions per programme	Session 1 50 minutes or 2 x 25-minutes or 2 x 50-minutes	Session 2 50 minutes or 2 x 25-minutes or 2 x 50-minutes	Session 3 50 minutes or 2 x 25-minutes or 2 x 50-minutes	Session 4 50 minutes or 2 x 25-minutes or 2 x 50-minutes	Session 5 50 minutes or 2 x 25-minutes or 2 x 50-minutes	Session 6 50 minutes or 2 x 25-minutes or 2 x 50-minutes	Session 7 50 minutes or 2 x 25-minutes or 2 x 50-minutes	Cinema Whole or half-year groups
Main Themes	All	Created and Loved by God			Created to Love Others		Created to Live in Community	All
Sub-themes	Religious Understanding	Me, My Body, My Health	Emotional Well-Being	Life Cycles	Personal Relationships	Keeping Safe	Living in the Wider World	Cinema-in-Education
Year 7	Who Am I?	Changing Bodies	Healthy Inside and Out	Where We Come From	Family & Friends	My Life on Screen	Living in the Wider World	Facts of Life
Year 8	Created and Chosen	Appreciating Differences	Feelings	Before I Was Born	Tough Relationships	Think Before You Share	Wider World	The Trouble With Max
Year 9	The Search for Love	Love People, Use Things	In Control of My Choices	Fertility & Contraception	Marriage	One Hundred Percent	Knowing My Rights and Responsibilities	Love, Honour, Cherish
Year 10 & 11*	Authentic Freedom	Self-Image	Values, Attitudes & Beliefs	Parenthood (Personal Relationships)	Pregnancy & Abortion (Life Cycles)	Abuse	Solidarity	Babies Y10 Truth & Lies Y11