



CARDINAL NEWMAN CATHOLIC SCHOOL

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Dear Parents/Carer

Year 11 Physical Education Update – Return to use of Changing Rooms

After ensuring the safe return to practical PE lessons for our students it is now an appropriate time to continue the transition back to standard PE arrangements.

As of Tuesday 4th May, we will be returning to the use of changing rooms for practical PE lessons. This will mean that all students will come into school in their full school uniform and will bring their PE kit in a bag to change into for their practical lesson. We have carried out a risk assessment (informed by government guidance) to facilitate this development. Please be assured that your child's safety has been central to the planning process.

Some practical issues:

Kit – Boys will wear their school top/outdoor top, shorts, school socks and trainers or school tracksuit. Girls will wear their school PE top, shorts/skort or leggings, school socks and trainers or school tracksuit. **However, we recognise that many Year 11 students may have outgrown their kit** and therefore the following is permitted:

- Plain black tracksuit/jogging bottoms
- Plain black t-shirt

Who will be in my PE class? PE groups will remain in mixed gender tutor groups for practical lessons up until half-term. Students will continue with the planned activity for their year group. For this half term, Year 11 this will be taking part in orienteering and rounders. **Please be aware that there are separate changing rooms for boys and girls.**

How will students get to their PE lesson? When students have a PE lessons they will need to go to the PE area with their kit bag and line-up outside the entrance to the changing rooms. Once they have changed into their kit they will go outside and meet the rest of their tutor group and teacher outside so that they can begin their lesson.

If you would like to discuss any part of our return to PE, please do not hesitate to contact me on 024 7633 2382 or by email neil.minshull@cncs.school

Yours faithfully

Mr N Minshull
Head of PE

Ms E O'Connor
Headteacher

