



CARDINAL NEWMAN CATHOLIC SCHOOL

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29 April 2024

Re: Free dental packs – Year 7 students

Dear Parent/Carer

We hope you and your family are well at this time.

We are writing to advise you that your child will be bringing home a dental pack that has been provided by the NHS via Coventry City Council Public Health Team. The aim is to promote the importance of good oral hygiene and to ensure that early intervention is key to having a lasting impact in establishing healthy habits.

Each dental pack contains a toothbrush, a toothpaste and a leaflet. By supplying free packs, it is hoped to encourage good oral hygiene, as Coventry has some of the worst tooth decay in the country. Tooth decay is 90% preventable through reducing sugar consumption, regular brushing, frequent exposure to fluoride by brushing teeth twice a day and routine visits to the dentist. A reminder that NHS dental treatment is free for all under 18's in England.

If you require any further support on oral hygiene, please visit <https://www.nhs.uk/live-well/healthy-teeth-and-gums/taking-care-of-childrens-teeth/>

Thank you for your support and time. If you have any further questions, please do not hesitate to contact the school on admin@cncs.school.

Yours faithfully

Mrs S Scanlon
Assistant Headteacher

Ms E O'Connor
Headteacher

