

Lunch Week 1

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

Monday

Tuesday

Wednesday

Thursday

Friday

Main Meal

Crispy Chicken Burger with Seasoned Wedges, Slaw, BBQ Beans

Beef Chilli with Spicy Rice, Green Salad, Nachos

Roast Gammon with Roast Potatoes, Carrots, Peas

Chicken Tikka Masala with Pilaf Rice, Green Beans, Bombay Potatoes

Battered Fish with Chips, Peas, Baked Beans

Plant Based / Vegetarian Main Meal

Veggie Burger with Seasoned Wedges, Slaw, BBQ Beans

Vegetable Chilli with Spicy Rice, Green Salad, Nachos

Quorn Roast Fillet with Roast Potatoes, Carrots, Peas

Sweet Potato & Chickpea Curry with Pilaf Rice, Green Beans, Bombay Potatoes

Sweet Potato Falafel Gyros with Chips, Peas, Baked Beans

Street Food

Piri Piri Chicken Wrap

Chicken Burrito

Folded Tikka Naan

Pulled Pork & Stuffing Wrap

Falafel And Cheddar Cheese Wrap

Takeaway Tubs

Penne Arrabiata
or
Tomato & Chorizo

Penne Arrabiata
or
Tomato & Mascarpone

Penne Arrabiata
or
Chicken & Tomato

Penne Arrabiata
or
Mac & Cheese

Penne Arrabiata
or
Roasted Vegetable

Pizza Slice

Margherita
or
Pepperoni

Margherita
or
Ham & Tomato

Margherita
or
Chicken & Sweetcorn

Margherita
or
American Hot

Margherita
or
BBQ Chicken

Jacket Potato

Available daily with a range of delicious fillings

Available daily with a range of delicious fillings

Available daily with a range of delicious fillings

Available daily with a range of delicious fillings

Available daily with a range of delicious fillings

Desserts

Jam Sponge with Custard

Chocolate Brownie

Apple Crumble & Custard

Banana Home Bake

Orange Oatmeal Cookie



Meal Deal

Main Meal with vegetables and dessert



All of our main meals, sandwiches & desserts are freshly made on site every day.



Lunch Week 2

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

Monday

Tuesday

Wednesday

Thursday

Friday

Main Meal

Beef Ragu with Diced Herb Potatoes, Sweetcorn, Penne Pasta

Katsu Chicken Curry with Coconut Rice, Potato Wedges, Slaw

Roast Chicken with Roast Potatoes, Carrots, Broccoli

Pulled Pork with Cajun Wedges, Slaw, BBQ Beans

Battered Fish with Chips, Peas, Baked Beans

Plant Based / Vegetarian Main Meal

Vegetable Chilli with Diced Herb Potatoes, Sweetcorn, Penne Pasta

Spinich & Lentil Curry with Coconut Rice, Potato Wedges, Slaw

Quorn Roast Fillet with Roast Potatoes, Carrots, Broccoli

Mac & Cheese with Cajun Wedges, Slaw, BBQ Beans

Sweet Potato Falafel Gyros with Chips, Peas, Baked Beans

Street Food

Piri Piri Chicken Wrap

Chicken Burrito

Folded Tikka Naan

Pulled Pork & Stuffing Wrap

Falafel And Cheddar Cheese Wrap

Takeaway Tubs

Penne Arrabiata
or
Tomato & Chorizo

Penne Arrabiata
or
Tomato & Mascarpone

Penne Arrabiata
or
Chicken & Tomato

Penne Arrabiata
or
Mac & Cheese

Penne Arrabiata
or
Roasted Vegetable

Pizza Slice

Margherita
or
Pepperoni

Margherita
or
Ham & Tomato

Margherita
or
Chicken & Sweetcorn

Margherita
or
American Hot

Margherita
or
BBQ Chicken

Jacket Potato

Available daily with a range of delicious fillings

Available daily with a range of delicious fillings

Available daily with a range of delicious fillings

Available daily with a range of delicious fillings

Available daily with a range of delicious fillings

Desserts

Flapjack

Pear & Chocolate Sponge

Apple Crumble & Custard

Lemon Shortbread

Jam Victoria Sponge



Meal Deal

Main Meal with vegetables and dessert



All of our main meals, sandwiches & desserts are freshly made on site every day.



Lunch Week 3

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|--|---|--|
| Main Meal | Piri Piri Chicken with Patatas Bravas, Spicy Rice, Peas | Beef Lasagne with Green Salad, Garlic Bread, Slaw | Roast Gammon with Roast Potatoes, Carrots, Green Beans | Sticky Chicken with Noodles, Broccoli, Steamed Coconut Rice | Battered Fish with Chips, Peas, Baked Beans |
| Plant Based / Vegetarian Main Meal | Quorn Chilli Burrito with Patatas Bravas, Spicy Rice, Peas | Vegetable Lasagne with Green Salad, Garlic Bread, Slaw | Vegetable Toad in the Hole with Roast Potatoes, Carrots, Green Beans | Vegetable Red Thai Curry with Noodles, Broccoli, Steamed Coconut Rice | Sweet Potato Falafel Gyros with Chips, Peas, Baked Beans |
| Street Food | Piri Piri Chicken Wrap | Chicken Burrito | Folded Tikka Naan | Pulled Pork Bap | Falafel And Cheddar Cheese Wrap |
| Takeaway Tubs | Penne Arrabiata or Tomato & Chorizo | Penne Arrabiata or Tomato & Mascarpone | Penne Arrabiata or Chicken & Tomato | Penne Arrabiata or Mac & Cheese | Penne Arrabiata or Roasted Vegetable |
| Pizza Slice | Margherita or Pepperoni | Margherita or Ham & Tomato | Margherita or Chicken & Sweetcorn | Margherita or American Hot | Margherita or BBQ Chicken |
| Jacket Potato | Available daily with a range of delicious fillings | Available daily with a range of delicious fillings | Available daily with a range of delicious fillings | Available daily with a range of delicious fillings | Available daily with a range of delicious fillings |
| Desserts | Iced Chocolate Sponge | Baked Apple Flapjack | Lemon Drizzle Cake | Iced Sponge | Chocolate Brownie |



Meal Deal

Main Meal with vegetables and dessert



All of our main meals, sandwiches & desserts are freshly made on site every day.

