

CARDINAL NEWMAN CATHOLIC SCHOOL: PERSONAL DEVELOPMENT CURRICULUM

‘CNCS provides a rich and varied quality enrichment programme that provides students with opportunities to meet the school motto ‘We are all made for greatness’. The school believes, it is the cultural capital experiences a student has that empowers them to be global citizens needed in adulthood in the 21st century.’

Our ASPIRE values:

We strive to develop our six ASPIRE values to prepare students for the wider world and world of work.

| Value | Explanation |
|-------------|--|
| Achievement | <i>Achieve through dynamic, creative, innovative teaching and learning</i> |
| Service | <i>Serve God, each other and our community</i> |
| Peace | <i>Peacemakers in our homes, school and community</i> |
| Integrity | <i>Integrity shines through all of our endeavours</i> |
| Respect | <i>Respect for ourselves, each other and our environment</i> |
| Excellence | <i>Excellence in our learning with positivity and perseverance</i> |

Personal, Social, Health and Economic Education (PSHE)

Students study a well thought out, age relevant curriculum following the three key themes:

1. Relationships and Sex Education
2. Health and Wellbeing
3. Living in the wider world

British Values include:

- *Democracy*
- *Rule of Law*
- *Individual liberty*
- *Mutual Respect & Tolerance*

SMSC includes:

Spiritual, Moral, Cultural, Social Education

Careers Education includes:

- ✓ *Options & Transition to Post 16 and Post 18 pathways*
- ✓ *Pathways, inc. apprenticeships*
- ✓ *Job sectors & LMI*
- ✓ *Types of employment*
- ✓ *World of Work inc. work experience*
- ✓ *Careers & Professions*
- ✓ *Volunteering*
- ✓ *Unifrog*

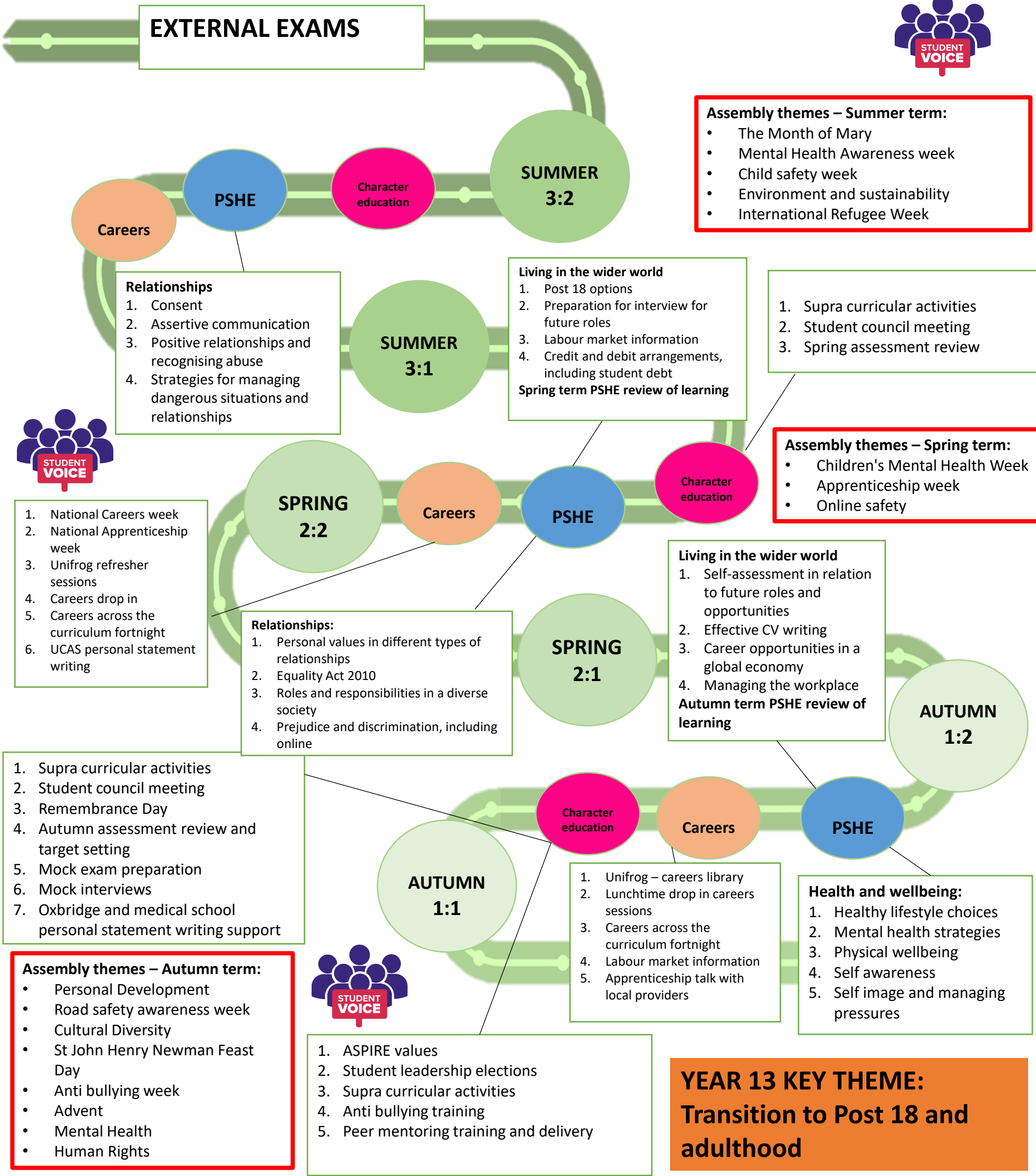
Character education

By the time students leave CNCS, we aim to prepare them for the world around them, through providing leadership opportunities, a chance to reflect on their own character, enrichment and extracurricular opportunities

PERSONAL DEVELOPMENT: YEAR 13



EXTERNAL EXAMS



- Assembly themes – Summer term:**
- The Month of Mary
 - Mental Health Awareness week
 - Child safety week
 - Environment and sustainability
 - International Refugee Week

- Relationships**
1. Consent
 2. Assertive communication
 3. Positive relationships and recognising abuse
 4. Strategies for managing dangerous situations and relationships

- Living in the wider world**
1. Post 18 options
 2. Preparation for interview for future roles
 3. Labour market information
 4. Credit and debit arrangements, including student debt
- Spring term PSHE review of learning

1. Supra curricular activities
2. Student council meeting
3. Spring assessment review

- Assembly themes – Spring term:**
- Children's Mental Health Week
 - Apprenticeship week
 - Online safety

1. National Careers week
2. National Apprenticeship week
3. Unifrog refresher sessions
4. Careers drop in
5. Careers across the curriculum fortnight
6. UCAS personal statement writing

- Relationships:**
1. Personal values in different types of relationships
 2. Equality Act 2010
 3. Roles and responsibilities in a diverse society
 4. Prejudice and discrimination, including online

- Living in the wider world**
1. Self-assessment in relation to future roles and opportunities
 2. Effective CV writing
 3. Career opportunities in a global economy
 4. Managing the workplace
- Autumn term PSHE review of learning

1. Supra curricular activities
2. Student council meeting
3. Remembrance Day
4. Autumn assessment review and target setting
5. Mock exam preparation
6. Mock interviews
7. Oxbridge and medical school personal statement writing support

- Assembly themes – Autumn term:**
- Personal Development
 - Road safety awareness week
 - Cultural Diversity
 - St John Henry Newman Feast Day
 - Anti bullying week
 - Advent
 - Mental Health
 - Human Rights

- AUTUMN 1:1**

1. Unifrog – careers library
2. Lunchtime drop in careers sessions
3. Careers across the curriculum fortnight
4. Labour market information
5. Apprenticeship talk with local providers

- Health and wellbeing:**
1. Healthy lifestyle choices
 2. Mental health strategies
 3. Physical wellbeing
 4. Self awareness
 5. Self image and managing pressures

1. ASPIRE values
2. Student leadership elections
3. Supra curricular activities
4. Anti bullying training
5. Peer mentoring training and delivery

**YEAR 13 KEY THEME:
Transition to Post 18 and adulthood**