

CARDINAL NEWMAN CATHOLIC SCHOOL: PERSONAL DEVELOPMENT CURRICULUM

‘CNCS provides a rich and varied quality enrichment programme that provides students with opportunities to meet the school motto ‘We are all made for greatness’. The school believes, it is the cultural capital experiences a student has that empowers them to be global citizens needed in adulthood in the 21st century.’

Our ASPIRE values:

We strive to develop our six ASPIRE values to prepare students for the wider world and world of work.

Value	Explanation
Achievement	<i>Achieve through dynamic, creative, innovative teaching and learning</i>
Service	<i>Serve God, each other and our community</i>
Peace	<i>Peacemakers in our homes, school and community</i>
Integrity	<i>Integrity shines through all of our endeavours</i>
Respect	<i>Respect for ourselves, each other and our environment</i>
Excellence	<i>Excellence in our learning with positivity and perseverance</i>

Personal, Social, Health and Economic Education (PSHE)

Students study a well thought out, age relevant curriculum following the three key themes:

1. Relationships and Sex Education
2. Health and Wellbeing
3. Living in the wider world

British Values include:

- *Democracy*
- *Rule of Law*
- *Individual liberty*
- *Mutual Respect & Tolerance*

SMSC includes:

Spiritual, Moral, Cultural, Social Education

Careers Education includes:

- ✓ *Options & Transition to Post 16 and Post 18 pathways*
- ✓ *Pathways, inc. apprenticeships*
- ✓ *Job sectors & LMI*
- ✓ *Types of employment*
- ✓ *World of Work inc. work experience*
- ✓ *Careers & Professions*
- ✓ *Volunteering*
- ✓ *Unifrog*

Character education

By the time students leave CNCS, we aim to prepare them for the world around them, through providing leadership opportunities, a chance to reflect on their own character, enrichment and extracurricular opportunities

PERSONAL DEVELOPMENT: YEAR 12



- 1. Work experience
- 2. UCAS preparation
- 3. University visits

Health & Wellbeing

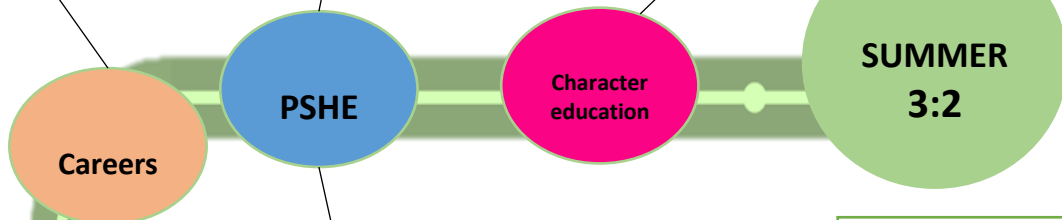
- 1. Managing risk and personal safety, including online
- 2. Safe travel, including young driver safety
- 3. First aid and emergency services
- 4. Safety when travelling abroad
- 5. Consequence of substance abuse

Summer term PSHE review of learning

- 1. Supra curricular activities
- 2. Student council meeting
- 3. Summer assessment review
- 4. UCAS preparation
- 5. University visits

Assembly themes – Summer term:

- The Month of Mary
- Mental Health Awareness week
- Child safety week
- Environment and sustainability
- International Refugee Week



Relationships

- 1. Consent
- 2. Assertive communication
- 3. Positive relationships and recognising abuse
- 4. Strategies for managing dangerous situations and relationships

SUMMER 3:1

Living in the wider world

- 1. Post 18 options
- 2. Preparation for interview for future roles
- 3. Labour market information
- 4. Credit and debit arrangements, including student debt

Spring term PSHE review of learning

- 1. Supra curricular activities
- 2. Student council meeting
- 3. Spring assessment review
- 4. Senior student leadership elections (Head Boy & Head Girl)

Assembly themes – Spring term:

- Children's Mental Health Week
- Apprenticeship week
- Online safety



- 1. National Careers week
- 2. National Apprenticeship week
- 3. Unifrog refresher sessions
- 4. Careers drop in
- 5. Careers across the curriculum fortnight

SPRING 2:2

Careers

PSHE

Character education

Relationships:

- 1. Personal values in different types of relationships
- 2. Equality Act 2010
- 3. Roles and responsibilities in a diverse society
- 4. Prejudice and discrimination, including online

SPRING 2:1

Living in the wider world

- 1. Self assessment in relation to future roles and opportunities
- 2. Effective CV writing
- 3. Career opportunities in a global economy
- 4. Managing the workplace

Autumn term PSHE review of learning

AUTUMN 1:2

- 1. Supra curricular activities
- 2. Student council meeting
- 3. Remembrance Day
- 4. Autumn assessment review and target setting

AUTUMN 1:1

Character education

Careers

PSHE

- 1. Unifrog – careers library
- 2. Lunchtime drop in careers sessions
- 3. Careers across the curriculum fortnight
- 4. Labour market information
- 5. Apprenticeship talk with local providers

Health and wellbeing:

- 1. Healthy lifestyle choices
- 2. Mental health strategies
- 3. Physical wellbeing
- 4. Self awareness
- 5. Self image and managing pressures

Assembly themes – Autumn term:

- Personal Development
- Road safety awareness week
- Cultural Diversity
- St John Henry Newman Feast Day
- Anti bullying week
- Advent
- Mental Health
- Human Rights



- 1. ASPIRE values
- 2. Student leadership elections
- 3. Supra curricular activities
- 4. Anti bullying training
- 5. Peer mentoring training and delivery

**YEAR 12 KEY THEME:
Transition to Post 16 and A levels**