



CARDINAL NEWMAN CATHOLIC SCHOOL: PERSONAL DEVELOPMENT CURRICULUM

‘CNCS provides a rich and varied quality enrichment programme that provides students with opportunities to meet the school motto ‘We are all made for greatness’. The school believes, it is the cultural capital experiences a student has that empowers them to be global citizens needed in adulthood in the 21st century.’

Our ASPIRE values:

We strive to develop our six ASPIRE values to prepare students for the wider world and world of work.

Value	Explanation
Achievement	<i>Achieve through dynamic, creative, innovative teaching and learning</i>
Service	<i>Serve God, each other and our community</i>
Peace	<i>Peacemakers in our homes, school and community</i>
Integrity	<i>Integrity shines through all of our endeavours</i>
Respect	<i>Respect for ourselves, each other and our environment</i>
Excellence	<i>Excellence in our learning with positivity and perseverance</i>

Personal, Social, Health and Economic Education (PSHE)

Students study a well thought out, age relevant curriculum following the three key themes:

1. Relationships and Sex Education
2. Health and Wellbeing
3. Living in the wider world

Careers Education includes:

- ✓ *Options & Transition*
- ✓ *Pathways, inc. apprenticeships*
- ✓ *Job sectors & LMI*
- ✓ *Types of employment*
- ✓ *World of Work inc. work experience*
- ✓ *Careers & Professions*
- ✓ *Volunteering*
- ✓ *Unifrog*

Character education

By the time students leave CNCS, we aim to prepare them for the world around them, through providing leadership opportunities, a chance to reflect on their own character, enrichment and extracurricular opportunities

British Values include:

- *Democracy*
- *Rule of Law*
- *Individual liberty*
- *Mutual Respect & Tolerance*

SMSC includes:

Spiritual, Moral, Cultural, Social Education

PERSONAL DEVELOPMENT: YEAR 9



- 1. Careers fair
- 2. PSHE Employability skills
- 3. Unifrog – using the subject library
- 4. Careers across the curriculum fortnight

- Health & wellbeing:**
1. Relationship between physical and mental health
 2. Eating healthily
 3. Maintaining energy levels
 4. Balancing work, leisure, exercise and sleep
- Summer term PSHE review of learning**

1. Inter tutor competition
2. Extra curricular activities
3. Student council meeting
4. Summer assessment review
5. Sports Day

- Assembly themes – Summer term:**
- The Month of Mary
 - Mental Health Awareness week
 - Child safety week
 - Environment and sustainability
 - International Refugee Week

Careers

PSHE

Character education

SUMMER 3:2

- Living in the wider world:**
1. Employment rights and responsibilities
 2. Employability skills
 3. Online habits and strategies
 4. How to access support for online safety

SUMMER 3:1

- Relationships:**
1. Intimate relationships
 2. Consent
 3. STI's
 4. The risks of sharing images online
 5. Pornography
 6. How to secure personal data online
- Spring term PSHE review of learning**

1. Inter tutor competition
2. Extra curricular activities
3. Student council meeting
4. GCSE Option sessions
5. GCSE Option evening
6. GCSE taster sessions
7. Spring assessment review

1. National Careers week
2. National Apprenticeship week
3. Unifrog refresher sessions
4. Careers drop in
5. Careers across the curriculum fortnight

SPRING 2:2

Careers

PSHE

Character education

- Assembly themes – Spring term:**
- Children's Mental Health Week
 - Apprenticeship week
 - Online safety

- Living in the wider world:**
1. Careers
 2. Showcasing personal strengths
 3. Competencies for the world of work
 4. Setting SMART targets
 5. Choices beyond Y11

SPRING 2:1

- Relationships and sex education:**
1. Search for love – sexual attraction and intimacy
 2. In control of my choices – lust and love
 3. Fertility and contraception
- Autumn term PSHE review of learning**

AUTUMN 1:2

1. Inter tutor competition
2. Extra curricular activities
3. Student council meeting
4. Remembrance Day
5. Autumn assessment review and target setting
6. Theatre trip
7. Soli House retreat
8. Reading mentor training

AUTUMN 1:1

Character education

Careers

PSHE

1. Unifrog – careers library
2. Lunchtime drop in careers sessions
3. Careers across the curriculum fortnight
4. Introduction to labour market information
5. Apprenticeship talk

- Health and wellbeing:**
1. Healthy and unhealthy friendships
 2. Managing the risks of gangs
 3. Risks of carrying a knife
 4. Drug and alcohol use dependency

- Assembly themes – Autumn term:**
- Personal Development
 - Road safety awareness week
 - Cultural Diversity
 - St John Henry Newman Feast Day
 - Anti bullying week
 - Advent
 - Mental Health
 - Human Rights

1. ASPIRE values
2. Student leadership elections
3. Passport to Greatness relaunch
4. Inter tutor competition
5. Extra curricular activities

**YEAR 9 KEY THEME:
Transition to KS4**