

Weekly/Half termly Overview			PSHE Programme 2025-26 (Spring Term)							
Wk Beginning	Term	Calendar week	Year 7 - PSHE (Developing skills and aspirations)	Year 8 - PSHE (Community and Careers)	Year 9 - PSHE (Setting goals)	Year 10 - PSHE (Financial decision making)	Year 11 - PSHE (Next steps)	Year 12/13 - PSHE (Readiness for Work)	Breakout Theme / Lessons	Responsive Actions
Theme			Living in the Wider World	Living in the Wider World	Living in the Wider World	Living in the Wider World	Living in the Wider World	Living in the Wider World		
05 January 2026	Spring Term 1	16	Understanding Myself - What career might suit you	Have you thought about a career yet?	Showcasing personal strengths online to improve our career choices	What makes a great team player?	What career is best for me?	Different types of employment, including full-time, part-time		
12 January 2026		17	Exploring careers related to your unique interests	Different types of employment, including full-time, part-time	To explore different competencies that are required for the place of work	Risks, consequences and safety of gambling		Budgeting, savings and debt		
19 January 2026		18	What's your dream job?	Patterns of work - shifts, day/night work	Setting personal targets (SMART)	Skills and attributes for careers and enterprise	Preparing for Interviews	Maintaining a positive professional identity - online profiling	Breakout (Tutor/P1) - Thurs 22nd January	
26 January 2026		19	What choices do I need to make at the end of Year 9?	How to set aspirational goals for the future?	What are my career pathways beyond Year 11?	Budgeting, savings and debt		Preparing for a job interview		
02 February 2026		20	Challenging stereotypes when choosing your career aspirations.	Discrimination within the workplace	What are my GCSE & Post-16 choices?	How to effectively manage a budget?	Challenges and rewards of the workplace	Developing your own employability skills & qualities		
09 February 2026		21	Working and earning - Managing your money	Developing your leadership skills	How can we manage impulses and influences to gamble?	Protecting your finances		Post-18 Choices - Pathways Options		
Half Term										
Wk Beginning	Term	Calendar week	Year 7: Understanding Who I Am	Year 8: Appreciating differences & others feelings	Year 9: Intimate relationships	Year 10: Respectful relationships	Year 11: Intimate relationships	Year 12/13 - Diversity and Inclusion	Breakout Theme / Lessons	Responsive Actions
Theme			RSHE	RSHE	RSHE	RSHE	RSHE	RSHE		
23 February 2026	Spring Term 2	21	Who Am I? - Uniqueness	Appreciating differences - What makes people different?	Search for Love - Sexual attraction & Intimacy	Authentic Freedom - Reality of sex, impacts of peer pressure	Birth control	Managing risky behaviours in relationships - STI's, contraception		
02 March 2026		22	Changing Bodies - Puberty	Feelings - Hormones & Emotions	In control of my choices - Love and Lust	Parenthood - Appreciation of being a parent		Parenthood - Future Parents		
09 March 2026		23	What is consent?	Before I Was Born - Stages of pregnancy; views on when life begins	Fertility & Contraception - Contraception & God's plan	Pregnancy & Abortion - Viewpoints & stories	Pornography	Abortion Laws & Methods		
16 March 2026		23	Review of Learning / Assessment	Review of Learning / Assessment	Review of Learning / Assessment	Review of Learning / Assessment		Review of Learning / Assessment		
23 March 2026		25	Where we come from? - Sexual intimacy & Fertility	Think before you share - the social, personal and legal consequences of sharing images of a sexual nature.	How to access and manage risks of sending, sharing or passing on sexual images	Self-image - Express Yourself	STI's	Self-Image - See Your Worth	Breakout (Tutor/P1) - Tues 24th March	