



PSHE CURRICULUM INTENT STATEMENT 2022-2023

At Cardinal Newman Catholic School, we are committed to providing a high-quality educational experience for all students. Our PSHE curriculum aims to provide a coherent programme of personal, health, social, citizenship and careers education that underpins the whole ethos and vision of our school. Our PSHE and RSE Curriculum is wide-ranging and carefully planned to consider students' age, developmental stage and prior understanding. We aim to teach sensitively and inclusively, taking into consideration the background and beliefs of all pupils. We strive to always provide pupils with an understanding of the law, and legal implications of their actions.

Pupils complete their PSHE through timetabled tutor time lessons, including Science and RE, assemblies, extra-curricular activities and external speakers. The curriculum has been developed in accordance with national guidance and the PSHE Association syllabus covering the three key themes:

1. Health and Wellbeing
2. Living in the Wider World
3. Relationships and Sex Education (RSE)

Our intent is to provide an academic PSHE curriculum that allows opportunities for pupils to reflect on and clarify their own values and attitudes and explore complex and sometimes conflicting range of values and attitudes they encounter now and in the future.

PSHE aims to help pupils to:

- Identify their personal qualities, attitudes, skills, attributes and achievements and what influences these.
- Explore their attitudes, values and beliefs about them and develop the skills, language and strategies needed to manage any issues should they encounter them in their lives.
- Apply academic skills such as critical thinking and resilience, to their approach to the study of PSHE.
- Promote pupils' spiritual, moral, social and cultural development.
- Equip all pupils with the knowledge and skills they need to stay safe and be able to communicate when they do not feel safe.
- Provide expert independent, up-to date careers guidance that gives our pupils the best information and opportunities available and helps them progress into further education, training and employment.

There is a significant contribution in PSHE, to pupils' SMSC development, their behaviour and safety, and it promotes pupils' wellbeing which is built into our curriculum plans. PSHE promotes personal development by helping pupils to build their confidence, resilience and self-esteem, and enables pupils to identify and manage risk, make informed choices and understand what influences their decisions. It provokes challenging questions about health and wellbeing, living in the wider world and relationships.

Programmes of study for PSHE have a clear plan for what pupils should know and be able to do in PSHE by the end of KS3 and KS4. The PSHE curriculum supports the pupils to thrive in a time of rapid change, with new and unpredictable opportunities and challenges constantly emerging. PSHE provides great opportunities for the pupils to learn in order to be successful in the world of work, in relationships forged throughout life and as a valued contributor to society as a whole. These tools consist of knowledge gained, behaviours learned and skills mastered and it is our job to ensure that all learners have the opportunity to develop these attributes through their school experience.

