A learner in Year 11 will know: The WJEC Eduqas GCSE in Food Preparation and Nutrition equips learners with the knowledge, understanding and skills required to cook and apply the principles of food science, nutrition and healthy eating. It encourages learners to cook, enables them to make informed decisions about food and nutrition and allows them to acquire knowledge in order to be able to feed themselves and others affordably and nutritiously, now and later in life.			A learner in Year 10 will be able to: Food preparation and nutrition enables learners to make connections between theory and practice so that they are able to apply their understanding of food science and nutrition to practical cooking. This content relates to the study of both food and drinks.				
A: Food S	<mark>Science</mark>	B: Food Commodities	C: NEA preparation	D: Principles of Nutrition	E: Food Provenance	F: Factors Affecting Food Choice	
Term 1	1 Food and Nutrition	<mark>on</mark>			Autumn % Asses	ssment	
	Knowledge:  NEA preparation  A Food Investigation will be set that will require each learner to:  (i) (a) research and plan the task  (b) investigate the working characteristics, function and chemical properties of ingredients through practical experimentation and use the findings to achieve a particular result  (c) analyse and evaluate the task  (ii) produce a report which evidences all of the above and includes photographs and/or visual recordings to support the investigation  8 assessment hours for this assessment, to cover all aspects of the assessment.  WJEC expects the total length of the report to be between 1,500 – 2,000 words.  Skills:				1. Food comm 2. Principles of 3. Diet and god 4. The science 5. Where food 6. Cooking and Skills tested: Investigation ski investigation fin	Knowledge coverage:  1. Food commodities 2. Principles of nutrition 3. Diet and good health 4. The science of food 5. Where food comes from 6. Cooking and food preparation  Skills tested:  Investigation skills and students ability to write investigation findings.  Assessment style/questions: Mock paper to be used 2019	
	Pit 1 – (10 marks) Pit 2 – (10 marks) Pit 3 – (10 marks) End point:	assess understanding of knowled	lge covered. m style questions based on the topics	s covered.			
Term 2	2 Food and Nutriti		,		Spring % Assess	ment	

	Knowledge:	Knowledge coverage:	
	NEA preparation		
	Assessment 2:The Food Preparation Assessment	1. Food commodities	
	35% of total qualification	2. Principles of nutrition	
	This assessment is synoptic and assesses the application of knowledge and understanding	3. Diet and good health	
	in relation to selecting dishes and identifying cooking skills/techniques and the execution of	4. The science of food	
	practical skills.	5. Where food comes from	
	This assessment will require learners to:	6. Cooking and food preparation	
	Plan, prepare, cook and present a selection of dishes, to meet particular requirements such		
	as a dietary need, lifestyle choice or specific context.	Skills tested:	
	Two options for this assessment will be set by WJEC Eduqas that will require the learners to:		
	(i)	Student organisation and planning skills.	
	(a) investigate and plan the task, select a final menu to be produced to showcase	Food preparation and nutrition skills	
	skills and produce a plan of action for the practical execution of the dishes (to	Written ability to organise a folio of work and evaluate	
	include trialling and testing)	outcomes.	
	(b) prepare, cook and present a <b>menu of three dishes</b> within a single session.	Assessment style/questions:	
	(c) evaluate the selection, preparation, cooking and presentation of the three	Sample paper	
	dishes	σαπριε ραρεί	
	(ii) produce a folio of evidence which includes documentation related to the selection of		
	dishes, planning and evaluation and photographs and/or visual recordings which		
	demonstrate the learner's application of technical skills and the final outcomes		
	Skills:		
	Formative Assessment:		
	Bi-weekly pit stop to assess understanding of knowledge covered.		
	Pit 1 (10 marks)		
	Pit 2 (10 marks)		
	Pit 3 (10 marks)		
	End point:		
Term 3	3:1: Food and Nutrition	Summer % Assessment	
	Knowledge:	Knowledge coverage:	
	Revision to cover	1. Food commodities	
	1. Food commodities	2. Principles of nutrition	
		· · · · · · · · · · · · · · · · · · ·	
	2. Principles of nutrition	3. Diet and good health	
	3. Diet and good health	4. The science of food	
	4. The science of food	5. Where food comes from	
	5. Where food comes from	6. Cooking and food preparation	

6. Cooking and food preparation Skills:	Skills tested: Students ability to answer exam style questions.
Formative Assessment:	
Bi-weekly pit stop to assess understanding of knowledge covered. Pit 1 (10 marks) Pit 2 (10 marks) Pit 3 (10 marks) End point:	