



How do we deliver the PSHE/RSE curriculum at CNCS?

- Personal Social Health Education (PSHE) including Relationships Sex Education (RSE), SMSC and BV's is at the heart of our school ethos and runs throughout all that we do.
- PSHE, including SMSC and BV, is an integral part of the whole school curriculum and is therefore often taught within other subject areas.
- Pupils are taught regularly timetabled PSHE / RSE lessons.
- Pupils across KS3 and KS4 have one 30min PSHE lessons a fortnight delivered by their tutor as part of the whole school pastoral programme. This is designed to encourage students to discuss topics known as 'talking points'.
- Pupils have three PSHE one hour lessons each half term, which are delivered by their tutors
- Pupils are taught RSE through their RE lessons, which are delivered using TenTen package so that lessons are delivered though a Catholic lens.
- Lessons are delivered in a way that ensures pupils feel safe and encourages participation by using a variety of teaching approaches with opportunities to develop critical thinking and relationship skills.
- The three core themes are covered in our KS3 and KS4 curriculum. The intention is that pupils will learn about being confident in addressing the challenges of effective learning and making a full and active contribution to society but will have opportunities to revisit their learning about health and wellbeing, relationships and living in the wider world in order to build on and deepen prior knowledge and understanding.
- Medium term planning is given to staff which has been developed by PSHE lead in guidance with The PSHE Association to meet the needs of our pupils.
- PSHE is an important part of school assemblies where pupils' spiritual, moral, social and cultural curiosity is stimulated, challenged and nurtured.
- External visitors such as the emergency services and aspirational professionals complement our PSHE curriculum to offer additional support and learning.
- Working in partnership with parents and carers informing them about what their children are learning and when required, provide guidance and support towards resources that can be used at home.
- PSHE, SMSC and BV displays throughout the school reinforce the PSHE curriculum enabling pupils to make links.

