YEAR 10 PARENTS & CARERS MEETING

CARDINAL NEWMAN
CATHOLIC SCHOOL

YEAR 10 Parents and Carers Meeting

Monday 27 March 2023

https://www.youtube.com/watch?v=mk48xRzuNvA

YEAR 10 PARENTS & CARERS MEETING

Aims for this evening

Reminder of examination dates

Positively You – Supporting your child with revision

Work Experience Information

YEAR 10 PARENTS & CARERS MEETING

School Prayer

Lord, support us all day long.

Help us to learn and work together.

You have blessed us with special and unique gifts, help us to use them and not to hide them.

Help us to encourage others to use their gifts, be their best selves and prove that we are all made for greatness.

St John Henry Newman

Pray for us

International Cross of Nails Schools

18 school days until first examination!

REMINDER - EXAM DATES:

English Language

Paper 1: Mon 5th June 2023

Paper 2: Mon 12th June 2023

Biology

Paper 1: Tues 16th May 2023

Paper 2: Fri 9th June 2023

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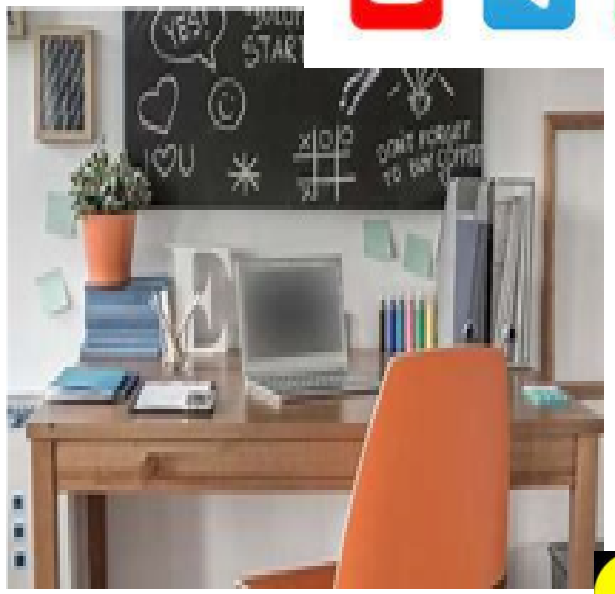
Supporting your child

Study Space

Ensure students have a suitable study space that should include:

- A proper place to work - a desk, kitchen table etc
- A place to store resources in an organised way – folders/equipment etc
- Quiet! No distractions - No TV, music or people!
- No Mobile Phones or Social Networking Sites
- Keep letters/booklets/school correspondence safe

Library for revision guides and computers



Rest

- To prepare the body and brain for the stresses and strains of revision and exams, ensure that students have a regular sleep patterns - getting enough sleep so that they are not tired.
- Remove distractions from sleeping spaces – mobile phones, tablets, X Box controllers etc.
- Encourage sports and exercise

The most effective ways to revise...

... according to neuroscientists!

Plan your days

Before starting your revision, pick up a calendar and plan all your days. Keep in mind that it's better to study small chunks of each subject and repeat it after a few days, then spend a long time on a single subject on one day and never doing it again

Use drawings and colours

When writing notes and summaries, try not to use too many words. It's much easier to understand something if it has colours, drawings, diagrams, timelines, arrows, etc. You don't need to be an artist to be able to add visual elements to your revision. A common example of this technique is mind maps.

Test yourself

Reading notes and watching videos is ok for a quick recap. But to get top grades, you need "desirable difficulties". That is, you need to challenge yourself when studying. For that, spend most of your revision time practising questions. Good sources of questions are past papers and free revision websites.

Explain things out loud

Sometimes you may think you understand something, but you'll only know for sure if you explain it out loud. That will force you to make sense of all information and connect the bits and pieces together. A good strategy is to try to explain the content to your grandparents!

Homework & Revision

- Students should be using their exam materials to 'review' learning and complete independent revision.
  - Class Charts used to provide homework and revision resources. If you need a reminder of parental password, please email: michelle.goodwin@cncs.school

Encourage your child to complete their homework to the best of their ability for all subjects and complete revision on top of that.

If your child is not here, we can't help them.
Remember – attendance matters.

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Year 10-Tu modo amitterre si quit- You only Lose if you Quit

Work Experience
Mrs Scanlon

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What is work experience?

- A work experience placement is a period of time spent in a working environment.
- It is an opportunity to learn about a particular job or area of work by your child experiencing it for themselves
- It should be a high quality and meaningful experience.
- Work experience can be a potential route to employment when vacancies arise.
- The aim is to help your child by preparing them for entering the world of work.

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At the end of July, all Year 10 students will be going out of school on a week of Work Experience.

Dates: Monday 10th July to Friday 14th July

There will be no normal lessons that week and most students will be expected to be on placement with an employer

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Work experience: a parent's guide

Why do we want your child to go out on work experience?

How will work experience benefit me in my career choices?	How will work experience benefit me in my personal development?
1. Make informed choices – try out an area of work that they are interested in to see if they enjoy it. It can also help them to find out what you don't enjoy! 2. Find out about jobs and industry sectors they hadn't considered or weren't aware of before 3. Get an idea of what its like to work in their chosen work environment and what would be expected of them 4. Stand out from the crowd – work experience shows potential employers their ambition and gives them a chance to get to know your child 5. Understand the relevance of their current learning and how it relates to the workplace and getting a job, which can help motivate them to achieve their learning goals	1. Identify their strengths and weaknesses and the skills they already have 2. Learn new skills and improve others – such as teamwork and problem solving. They can get real examples to add to their CV 3. Develop their social skills – meeting and talking to new and different people, from workplace colleagues to their potential boss! 4. Develop independence e.g. travelling to work 5. Gain confidence and feel proud of what they achieved

Sourcing a Placement

Do I need to find a placement myself?

If they can find a placement themselves then they can do but we will also be using a company to support us in finding them a placement.

Students can collect a form from their tutor or collect one at the end to complete and bring back in to school

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If a placement has been found for my child, what is the next step?

- From Wednesday onwards, your child will receive a letter, which will outline to them where they have been placed. It will also give them information what they need to do next.
- They will need to:

1. Read the placement information sheet carefully and make sure that they keep the document safe
2. Contact the employer using the details in the letter to say that they have received the information and they are looking forward to attending. There will be a sample email that they can send in the cover letter. Note – If a student does not contact the employer to say thank you, they may cancel the placement

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What happens whilst my child is on their placement week?

- Students will attend their placement every day and must arrive on time – it is important that they check how they are getting to the placement and that they leave with enough time to get there
- They will need to contact the employer the week before the confirm what time they need to arrive, what they need to wear and lunchtime arrangements
- Whilst your child is out on placement a member of staff will visit or contact the employer and your child to check in with them and see how they are getting on
- During the week, your child will also have to complete a work experience journal, which they will reflect upon when they return to school in the final week of term

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